FORM C

UNITED STATES

OMB APPROVAL

FORM C-AR	SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549	OMB Number: ####-####	
		Estimated average burden hours per response: ##.#	
Form C: Filer Information			
Filer CIK:	0001905672		
Filer CCC:	xxxxxxxx		
Period:	12-31-2023		
	12-31-2023		
Is this a LIVE or TEST Filing?	● LIVE ○ TEST		
Is this an electronic copy of an official filing submitted in paper format in connection with a hardship exemption?			
Would you like a Return Copy?			
Submission Contact Information			
Name:			
Phone Number:			
Contact E-Mail Address:			
Notify via Filing Website only?			
Form C: Issuer Informati	on		
Issuer Information			
Name of Issuer:	Skinny Flav, Inc		
Logal Status of Issuer			
Legal Status of Issuer: Form:			
T offin.	Corporation		
Jurisdiction of Incorporation/Organization:	DELAWARE		
Data of language and in a formation of			
Date of Incorporation/Organization:	07-21-2016		
Physical Address of Issuer:			
Address 1:	82 Appletree Road		
City:			
Oity.	Howell		
State/Country:	NEW JERSEY		
Mailing Zip/Postal Code:	07731		
Website of Issuer:	https://www.couches.com/		
	https://www.saucebae.com/		
Is there a Co-issuer?	○ Yes No		
Form C: Annual Report Disclosure Requirements			
Annual Report Disclosure Requirements			
Current Number of Employees:	1		
Total Assets Most Recent Fiscal Year-end	133518 00		

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Total Assets Prior Fiscal Year-end:	155256.00
Cash and Cash Equivalents Most Recent Fiscal Year-end:	56752.00
Cash and Cash Equivalents Prior Fiscal Year-end:	74920.00
Accounts Receivable Most Recent Fiscal Year-end:	0.00
Accounts Receivable Prior Fiscal Yearend:	0.00
Short-term Debt Most Recent Fiscal Year-end:	53312.00
Short-term Debt Prior Fiscal Year-end:	10965.00
Long-term Debt Most Recent Fiscal Year-end:	344418.00
Long-term Debt Prior Fiscal Year-end:	326618.00
Revenue/Sales Most Recent Fiscal Year- end:	300239.00
Revenue/Sales Prior Fiscal Year-end:	355454.00
Cost of Goods Sold Most Recent Fiscal Year-end:	82409.00
Cost of Goods Sold Prior Fiscal Year-end:	158244.00
Taxes Paid Most Recent Fiscal Year-end:	0.00
Taxes Paid Prior Fiscal Year-end:	0.00
Net Income Most Recent Fiscal Year-end:	-197175.00
Net Income Prior Fiscal Year-end:	-133640.00

Form C: Signature

Signature

Pursuant to the requirements of Sections 4(a)(6) and 4A of the Securities Act of 1933 and Regulation Crowdfunding (§ 227.100-503), the issuer certifies that it has reasonable grounds to believe that it meets all of the requirements for filing on Form C and has duly caused this Form to be signed on its behalf by the duly authorized undersigned.

Issuer:	Skinny Flav Inc
Signature:	Kevin Carbone
Title:	President

Pursuant to the requirements of Sections 4(a)(6) and 4A of the Securities Act of 1933 and Regulation Crowdfunding (§ 227.100-503), this Form C has been signed by the following persons in the capacities and on the dates indicated.

Signature:	Kevin Carbone
Title:	President
Date:	03-11-2025